



Updated April 18, 2016

## ZIKA VIRUS GUIDANCE:

*For members of the University of Nebraska*



## **IF YOU FEEL SICK AND THINK YOU MAY HAVE ZIKA VIRUS:**

Talk to your doctor or nurse if you develop a fever with a rash, joint pain, or red eyes. Tell him or her about your travel.

Take medicine, such as acetaminophen or paracetamol, to relieve fever and pain. Do not take aspirin, products containing aspirin, or other nonsteroidal anti-inflammatory drugs such as ibuprofen.

Get lots of rest and drink plenty of liquids.

Prevent additional mosquito bites to avoid spreading the disease.

## **CDC WARNING LEVEL 3 AND UNIVERSITY TRAVEL:**

In seeking to balance the benefits of international travel on educational, research, and outreach activities with the potential risks such travel might pose to students, faculty, staff, and members of the general public, the University relies on the guidance provided to travelers by the U.S. Department of State and the CDC.

The CDC issues three different types of notice: Watch Level 1: Practice Usual Precautions; Alert Level 2, Practice Enhanced Precautions; Warning Level 3, Avoid Nonessential Travel.

**In the event that the CDC changes its travel notice from Alert Level 2 to Warning Level 3, the University of Nebraska would follow its policy for university travel to countries with a CDC Warning Level 3. Please see Executive Memorandum No. 25:**

**For Students and Members of the General Public:** No university sponsored program of travel for students and members of the general public shall depart from the United States.

**For Faculty and Staff:** Any faculty or staff member seeking to travel under university auspices must first obtain prior approval for such travel by making a written request to the relevant University of Nebraska Chancellor. The Chancellor will make a recommendation on the request to the President, who will make a final determination.

## **FOR MORE INFORMATION:**

CDC, Zika Travel Information: [http://wwwnc.cdc.gov/travel/page/zika\\_travel\\_information](http://wwwnc.cdc.gov/travel/page/zika_travel_information)

Nebraska Department of Health and Human Services, Fast Facts About Zika Virus:

<http://dhhs.ne.gov/Pages/>

